

Grangetown Primary School PE Curriculum Map 2024/2025

Last Updated: January 2024

Our curriculum map will aim to develop the whole child by focusing not just on the physical elements but also through teaching thinking and social skills, whilst demonstrating to pupils the importance of health and well-being. Our curriculum is supported by the use of Complete PE to ensure all PE lessons are to a high quality and assessed fairly.

	1	2	3	4	5	+	Catch Up Term Explained ...	
Spirit of the games	Determination	Self-Belief	Passion	Honesty	Teamwork	Respect		
Reception	Locomotion Skill Development We are focusing these terms solely on the introduction of FMS (locomotion) to all children in reception. Children will focus on the following skills during this time in depth; walking, running, jumping, hopping, galloping, skipping, leaping, bounding, rolling, sliding and dodging.		Stabilisation Skill Development We are focusing these terms solely on the introduction of FMS (stabilisation) to all children in reception. Children will focus on the following skills during this time in depth.		Manipulation Skill Development We are focusing these terms solely on the introduction of FMS (manipulation) to all children in reception. Children will focus on the following skills during this time in depth. Preparing children to transition into Year 1 PE.			
Year 1	OAA - Team Building Children will be introduced to the concept of teamwork within this unit. They will explore why it is important that everyone is included and what makes a team effective. They will begin to explore	Fundamental Movements We are focusing this term solely on FMS to help children prepare for other topics on their PE journey in Year 1. Children in Year 1 will focus on the following six skills: walking, running, jumping, turning, landing and balancing.	Dance Children will be challenged to respond to the stimulus using a range of different movements showing character expressions. (Following complete PE resources – The Zoo)	Games for Understanding Children will develop the ability to apply attack vs defence with a focus on creating simple tactics in order to move with a ball up a court. They will learn how this may result in a shooting opportunity.	Rackets, Bats and Balls Children will develop their ability to keep a ball controlled using a racket whilst exploring and developing their hitting and accuracy skills. (Following complete PE resources)	Catch Up Term		

	<p>strategies to solve problems.</p> <p>(Following complete PE resources)</p>			(Following complete PE resources)			<p>We designed 'catch up term' based solely on pupil voice. During 21/22 academic year children asked if they could have the chance to experience topics they had covered previously in the year without waiting till the next academic year. Therefore this unit/ term will be used as a recap term where children access skills previously looked at within the year. Whether this is a topic they enjoyed or believe they need additional work. Once again this will be chosen by the children, alongside the PE lead.</p>
Year 2	<p>OAA – Team Building</p> <p>Children will develop their ability to apply effective teamwork to ensure everyone is included and understands their roles. They will begin to develop and apply strategies to solve problems.</p> <p>(Following complete PE resources)</p>	<p>Fundamental Movements</p> <p>We are focusing this term solely on FMS to help children prepare for other topics on their PE journey in Year 2. Children in Year 2 will focus on the following six skills: sliding, skipping, pushing, pulling, extending and stretching.</p>	<p>Gymnastics – 'Linking'</p> <p>Children will be challenged to explore different ways that they can link movements and balances together.</p> <p>They will aim to apply 'champion gymnastics' and be able to perform sequences on apparatus focusing on jumps, rolls and balances.</p> <p>(Following complete PE resources)</p>	<p>Invasion Games</p> <p>Children will participate in team games to develop simple tactics for attacking and defending. Children will apply their prior knowledge of fundamental movements (running, jumping, throwing, catching and kicking) in both competitive and co-operative activities.</p> <p>(Following FA Disney – The Lion King resources)</p>	<p>Rackets, Bats and Balls</p> <p>Children will focus their learning on refining their understanding of striking skills to send a ball into a space to win a game and why this is essential in order to score points against the opposition.</p> <p>(Following Complete PE resources)</p>	Catch Up Term	
Year 3	<p>OAA – Problem Solving</p> <p>Children will explore what</p>	<p>Fundamental Movements</p> <p>We are focusing this term solely on</p>	<p>Dance</p> <p>Children will be challenged to respond to</p>	<p>Game Sense (Invasion)</p> <p>Children will explore how to</p>	<p>Athletics</p> <p>This unit of work will explore how we run, jump and</p>	Catch Up Term	

	<p>makes an effective team through different problem solving challenges. Their focus will be developing skills that are essential for working within team.</p> <p>(Following complete PE resources)</p>	<p>FMS to help children prepare for other topics on their PE journey in Year 3. Children in Year 3 will focus on the following six skills: collecting, carrying, hopping, galloping, hanging and flexing.</p>	<p>different stimuli to add drama and emotion to their dance. Children will bring their choreography together with characterisation skills to tell a story.</p> <p>(Following complete PE resources – Wizards and Witches)</p>	<p>apply the principles of attack and defence with a focus on passing, moving and shooting. They will learn how to keep possession and score in order to win modified games.</p> <p>(Following Complete PE resource)</p>	<p>throw. Exploring the correct techniques individually and within teams. Children will examine how to jump as far as possible, throw accurately and for distance.</p> <p>(Following Complete PE resource)</p>	
Year 4	<p>OAA – Orienteering</p> <p>Children will learn to orientate a map, locate points in order and follow different routes. They will develop their ability to collaborate with others and work together to complete challenges.</p> <p>(Following complete PE resources)</p>	<p>Striking – Golf Fore All</p> <p>Children will be given the chance to widen their golf skillset by participating in a number of fast paced, engaging and fun golfing games. Where they will focus on putting and full swings in short games.</p> <p>(External company to deliver golf sessions)</p>	<p>Gymnastics</p> <p>Children’s focus will be on exploring bridge balances and looking at ways to travel in, out, over and under them on the floor and apparatus. They will create sequences combining movements and balances in pairs to apply flow and creativity.</p>	<p>Invasion Games</p> <p>Children will explore how to apply attack vs defence with a particular focus on passing, moving and dribbling. They will learn how to keep possession and eventually score to win in modified games. They will go on to creating simple tactics in order to move the ball up court to create</p>	<p>Athletics</p> <p>Children will focus on developing and analysing their sprinting technique and performance. They will compare sprinting to running for distance and pacing. Throwing for distance with javelins and exploring the triple jump.</p> <p>(Following Complete PE resource)</p>	Catch Up Term

			(Following complete PE resources)	shooting opportunities. (Following complete PE resources)			
Year 5	<p>OAA – Communication and Tactics</p> <p>The unit of work will refine children’s ability to apply effective teamwork through different problem-solving challenges. They will focus on effective communication skills, essential to working within team to complete the challenges.</p> <p>(Following complete PE resources)</p>	<p>Fundamental Movements</p> <p>We are focusing this term solely on FMS to help children prepare for other topics on their PE journey in Year 5. Children in Year 5 will focus on the following six skills: striking, kicking, twisting, turning, running and rolling.</p> <p>- Based around athletics</p>	<p>Gymnastics</p> <p>Children will explore the difference between counter balance and counter tension balances on floor and apparatus. They will create sequences that flow and challenge their creativity.</p> <p>(Following complete PE resources)</p>	<p>Inclusion Games</p> <p>Children will focus on exploring, developing and consolidating how to send a ball, whilst applying a developing understanding of accuracy. Children will work individually and as a team to apply their learning. They will develop different ways to use tactical thinking and officiate their games fairly applying rules throughout.</p> <p>(Following complete PE resources)</p>	<p>Striking and Fielding</p> <p>Children will be challenged to refine previous learning of batting and fielding skills in modified games. They will be able to create and apply tactics for both batting and fielding (including bowling) and apply successfully in teams.</p> <p>(Following PE Core activities resource)</p>	Catch Up Term	

Year 6	<p>OAA – Leadership</p> <p>Children will focus their learning on understanding what makes an effective leader, unpicking the STEP principles and being able to apply their understanding as they lead others. Children will be able to identify attributes that make an effective leader.</p> <p>(Following complete PE resources)</p>	<p>Fundamental Movements</p> <p>We are focusing this term solely on FMS to help children prepare for other topics on their PE journey in Year 6. Children in Year 6 will focus on the following six skills: throwing, catching, dodging, jumping, landing and rotating.</p>	<p>Dance – ‘Carnival’</p> <p>Children will be challenged to experience dances from different cultural traditions and develop group movements through selecting and applying choreography into a performance.</p> <p>Children will continue to use their bodies to perform technical movements with control and rhythm.</p> <p>(Following complete PE resources)</p>	<p>Invasion Games – Flag Football</p> <p>The focus of learning will be around teaching children how to play modified games with respect, resilience, responsibility and integrity and the importance of leading healthy active lifestyles. Children will work in small and large teams applying a broader range of motor skills and movement patterns in isolation and in combination.</p> <p>(Following NFL resources)</p>	<p>Striking and Fielding</p> <p>Children will develop their striking and fielding skill set through high energy, fun filled experiences. The unit of work will provide children with a sense of achievement through personal skill development.</p> <p>(Following MLB First Pitch Resources)</p>	Catch Up Term	
	<p>Swimming</p> <p>All Year 6 children will access swimming lessons on a 2 week intensive block during the school weeks.</p>						